

THE CHALLENGE

Success Charter Chapter

Littleton, Colorado



Volume 24, Issue 1

August 2008

ABWA facts and Resources for you:

The Success Charter Chapter years ago decided to call the newsletter "THE CHALLENGE" as a reminder to readers that we can be more, accomplish more and support the mission of ABWA by stepping up to THE CHALLENGE.

The chapter is 24 years old and the newsletters have been a part of the chapter's communications for that whole time, therefore, this is the first issue of Volume 24.

Members may submit articles, topics they would like to know more about, professional programs that they might like to attend or share their expertise on topics related to

their career/profession.

The Challenge, of course, is to step out of your comfort zone and write that article or offer a tip on how to save time and money: For instance, Lynn Lightell suggests that a great way to save time, money and gas is to use online Bill payment options from your bank. She has used this option for years and loves the convenience of paying bills online. No stamps needed and you can often download the transactions to your computer for additional record keeping.

National Conference is Oct. 2-4, and the early registration discount

deadline is coming soon!

Robin plans to attend, would love to have more members join in on the fun, networking, exciting new format and entertainers!

Check out the new ABWA.ORG website, huge improvement. If your membership is up-to-date, you should have received an email for logging in. Wonderful way to update your contact info and access the online store for member discounts.

NATIONAL OFFICERS and CANDIDATES also have links from the www.abwa.org website and have messages for you. Check it out!

AUGUST 13 Program: What will excite you? How can we Grow?

Blooming in ABWA- What can we do, with your Dreams in Mind?!

With a plan and a feel for what the members want, need and expect for personal and professional Success, the board can help to

create a schedule of speakers and activities that members can benefit from and participate in. It takes all of us to create the ideas, insights and path for the future—for instance, does technology leave you confused? Are you using all the tools you can to grow in

your career or business? Join in August 13, 6 –8 pm

Sweet Tomatoes

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The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.

CFL—What do I need to know? EPA

Compact Fluorescent bulb info

What precautions should I take when using CFLs in my home?

CFLs are made of glass and can break if dropped or roughly handled. Be careful when removing the bulb from its packaging, installing it, or replacing it.

Always screw and unscrew the light bulb by its base (not the glass), and never forcefully twist the CFL into a light socket. If a CFL breaks in your home, follow the clean-up recommendations below. Used CFLs should be disposed

of properly.

What should I do with a CFL when it burns out?

EPA recommends that consumers take advantage of available local recycling options for CFL bulbs.

Consumers can contact their local municipal solid waste agency directly, or go to www.epa.gov/bulbrecycling for local recycling options. If your state or local environmental regulatory agency permits you to put used or

broken CFLs in the garbage, seal the bulb in two plastic bags and put it into the outside trash, or other protected outside location, for the next normal trash collection. Never send a fluorescent light bulb or any other mercury-containing product to an incinerator.

How should I clean up a broken fluorescent bulb?

Because CFLs contain a small amount of mercury, EPA recommends the following clean-up and disposal guidelines:

1. Before Clean-up: Air Out the Room

- Have people and pets leave the room, and don't let anyone walk through the breakage area on their way out.
- Open a window and leave the room for 15 minutes or more.
- Shut off the central forced-air heating/air conditioning system, if you have one.

2. Clean-Up Steps for Hard Surfaces

- Carefully scoop up glass fragments and powder using stiff paper or cardboard and place them in a glass jar with metal lid (such as a canning jar) or in a sealed plastic bag.
- Use sticky tape, such as duct tape, to pick up any remaining small glass pieces and powder.
- Wipe the area clean with damp paper towels or disposable wet wipes. Place towels in the glass jar or plastic bag.
- Do not use a vacuum or broom to clean up the broken bulb on hard surfaces.

3. Clean-up Steps for Carpeting or Rug:

- Carefully pick up glass fragments and place them in a glass jar with metal lid (such as a canning jar) or in a sealed plastic bag.
- Use sticky tape, such as duct tape, to pick up any remaining small glass fragments and powder.
- If vacuuming is needed after all visible materials are removed, vacuum the area where the bulb was broken.
- Remove the vacuum bag (or empty and wipe the canister), and put the bag or vacuum debris in a sealed plastic bag.

4. Clean-up Steps for Clothing, Bedding, etc.:

- If clothing or bedding materials come in direct contact with broken glass or mercury-containing powder from inside the bulb that may stick to the fabric, the clothing or bedding should be thrown away. Do not wash such clothing or bedding because mercury fragments in the clothing may contaminate the machine and/or pollute sewage.
- If shoes come into direct contact with broken glass or mercury-containing powder from the bulb, wipe them off with damp paper towels or disposable wet wipes.
- Check with your local or state government about disposal requirements in your specific area.

Correspondence for Success Charter

Dear Success Members,

It has been a joy to serve as your President! I look forward to being a resource, mentor, and participant in the chapter this year.

My hope for you— find something that you would like to do or are afraid to volunteer to do, and that you encourage another person to join you on your adventure. If you have never chaired a committee, pick one, ask to chair that committee, then, ask others to join you and make it the best committee ever!

You'll gain experience, have some fun, achieve together and gain more confidence, help someone else blossom too!

In my experience in ABWA, I was willing to fail, had no confidence, yet with each successive committee, office or chairmanship, I discovered that I had a lot to offer, had a reason to help someone else, learn something, or because it needed to be done! I would not be who I am today without ABWA!

Thank you for your smiling faces, for allowing me to play and work with you these past 24 months.

Best wishes and much joy always,

*Robin Neal,
2006-2008 President of Success Charter Chapter*

The candidates for National President have both sent campaign packets to me for your reference. Please ask me to see them at our next meeting OR go to their websites:

**Amy Dawson
Www.amydawson.org and**

**Vicki Marlett
http://www.vickimarlett.com**

Tools that Karly submitted:

Remember the Milk (<http://www.rememberthemilk.com>). It's a free, online, task management tool. Create and update your, to do list, and share it with others (replaces that old honey-do list). It syncs with Google Calendar and email, Blackberry, iPhones, and other mobile and web-based services.

Firefox Free...and Three – If you're a Firefox user, you may want to download the latest full version, Firefox 3.0 (<http://www.firefox.com>). Why download the new version? It has plenty of cool new tools, and still the same safer web browsing environment.

CALENDAR 2008-2009

Aug 13, 2008

**Meet at Sweet
Tomatoes**

Sept. 10, 2008

Oct. 8, 2008

**Oct. 19—Girls Out
(Tickets required)**

Nov. 12, 2008

Dec. 10, 2008

**Mark Your
Calendars Now!**

**Did you know:
Primary Election
early voting is:
Aug. 4-8, 2008**

**Check your local
county offices for
more info—or you
should have received
your voting info by
mail already.**

**Primary is:
Tuesday, August 12**

**Take a valid ID,
know who the
candidates are**

Did you know?

Is CO₂ a pollutant?

Carbon dioxide is an equally important requisite for life on Earth as oxygen.

Plants need CO₂ for their living (the photo synthesis), and humans and animals breath out CO₂ from their respiration.

In addition to this biogeochemical balance, there is also an important geo-

chemical balance. CO₂ in the atmosphere is in equilibrium with carbonic acid dissolved in the ocean, which in term is close to CaCO₃ saturation and in equilibrium with carbonate shells of organisms and lime (calcium carbonate; limestone) in the ocean.

Source: (<http://www.co2web.info/esef4.htm>)

TIRE SAFETY:

A recent story warns that tires do have a limited life span, here is the link:

<http://abcnews.go.com/Video/playerIndex?id=4826897>

Race for the Cure is Oct. 5, 2008

<http://www.komenddenver.org/>

The Constitution (1787)

Although our Declaration of Independence was made July 4, 1776, it took eleven years to win our independence and establish the three branches of the U.S. federal government: Congress, the executive branch and the judicial branch. Beginning in the 3rd paragraph, the Declaration of Independence lists the facts of the tyranny by the then king of Great Britain.

An excerpt of Congress' duties include:

"Article I, Sect. 4. The Congress shall assemble at least once in every year, and such meeting shall be on the first Monday in December, unless they shall by law appoint a different day."

"Article I, Sect. 7. All bills for raising revenue shall originate in the House of Representatives; but the Senate may propose or concur with amendments, as on other bills.

Every bill which shall have passed the House of Representatives and the Senates shall, before it become a law, be presented to the President of the United States; if he approve; he shall sign it; but if not, he shall return it, with his objections, to that House in which it shall have originated, who shall enter the objections at large on their journal, and proceed to reconsider it. If after such

reconsideration two thirds of that House shall agree to pass the bill, it shall be sent, together with the objections, to the other House, by which it shall likewise be reconsidered, and if approved by two thirds of that House, it shall become a law. But in all such cases the votes of both Houses shall be determined by yeas and nays, and the names of the persons voting for and against the bill shall be entered on the journal of each House respectively. If any bill shall not be returned by the President within ten days (Sundays excepted) after it shall have been presented to him, the same shall be a law in like manner as if he had signed it, unless the Congress by their adjournment prevent its return, in which case it shall not be a law."

There are a number of other duties for Congress, Sect. 8 and 9 are particularly interesting.

"Article VI: The Senators and Representatives before mentioned, and the members of the several State Legislatures, and all executive and judicial officers, both of the United States and of the several States, shall be bound by oath or affirmation to support this Constitution; but no religious test shall ever be required as a qualification to any office, or public trust, under the United States."

Check out the Library of Congress online, <http://www.loc.gov/rr/program/bib/ourdocs/Constitution.html>

The climate change and global warming debate is still going! Here are some websites that may offer some additional research and insight on the topic:

[International Climate Science Coalition:](http://www.climate-science-international.org/index.php?option=com_content&task=view&id=37&Itemid=1)

http://www.climate-science-international.org/index.php?option=com_content&task=view&id=37&Itemid=1

[Climate Debate Daily](http://climatedebatedaily.com/)

<http://climatedebatedaily.com/>

2008 ABWA National Women's Leadership Conference

Covington, KY National Conference—October 2-4, 2008



**Early Registration ends
August 21—SAVE \$100
on a member complete
registration!**

July 1, 2008

Dear District VI Members,

Time is moving by fast and here we are another ABWA year coming up. Are we ready?

Just a few months ago, many of us attended one or more of the District Conferences. Many were at our District Conference in Englewood, CO and received the District VI Snap Shot. It showed our membership numbers plus other data. Hopefully those in attendance have shared this information with their Chapters, Express Networks, and Councils.

District VI has always been one of the leaders in attendance at the National Women's Leadership Conferences regardless of the location. Looking forward to the 2008 National Conference in Covington, KY we can again excel and increase our numbers from previous years.

At the District Conference in Niagara Falls, there was a challenge made to all districts to have a 10% increase in members attending the 2008 National Conference from the previous year. Is District VI ready for that challenge? At the 2007 National Conference, District VI had 99 voting members registered. We can meet and exceed the challenge by having more than 109 voting attendees.

We as a District can make a difference in the future of ABWA by attending the 2008 National Leadership Conference in Covington, KY. The May-June issue of "Women In Business" has all the information for registration. National Leadership Conferences are excellent opportunities for Chapters, Express Networks and Councils to use your educational funds to promote professional development.

BE THERE TO SEE DISTRICT VI EXCEL AGAIN

JoAnn Osby
2007-2008 District VI Vice President

The May/June WOMEN IN BUSINESS magazine has lots of info about the programs, seminars, entertainment. Categories include:

Leadership: Managing for the Future with ABWA-KU MBA Essentials, FranklinCovey: Speed of Trust; or Happy Hour: An Intoxicating Take on Going from Good to Great!
Personal Success: Empowering Your Life includes Jana Stanfield, and much more. Check it out!

Keynotes include Mark Mayfield, and Afterburner— Mach 2 (Great energy and fun while learning concepts that you probably haven't used before in your business or work situation)!

Entertainment: The Water Coolers

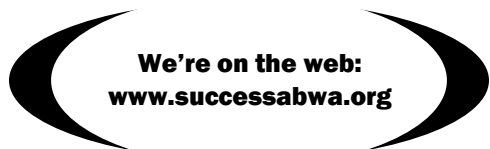
SUCCESS CHARTER CHAPTER



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ABWA's Proud Code of Conduct

1. All members will serve as goodwill ambassadors for the American Business Women's Association.
2. Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
3. Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
4. Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.
5. Members will not use their personal power to advance their personal interests.
6. Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.

Welcome to Success—2008-09 ABWA Team

PRESIDENT:
JO ANN WILLIAMS

VICE PRESIDENT:

KARLY STEIN

SECRETARY:

AMY KUTHER

TREASURER:

LYNN LIGHTELL

Top Ten Nominee Committee: TBA

Community Service: TBA

Fundraising: TBA

Professional Development/Education:
TBA

Membership: TBA

Newsletter: Robin Neal

Programs: TBA

Publicity/PR: TBA

Website: Robin Neal

Committee Chairmen:

Chapter Woman of the Year: TBA