

THE CHALLENGE

Success Charter Chapter

Littleton, Colorado



Volume 24, Issue 6

March 2009

Join Us—March 11, 2009: Carbon Monoxide and Home Safety

Presented by: Tracey Taylor, South Metro Fire

Home safety is something that we often let slide in our busy lives. There are simple activities and processes that you can do to reduce your risk of harm or injury. Come to learn and find out how you can improve your safety IQ.

Flu-like symptoms are an early indication of CO poisoning. As your body takes in more CO and you become starved of oxygen you may become dizzy, restless, have mental confusion, severe headaches, fainting and your skin may become bright red in color. CO poisoning can and will eventually lead to death if the signs/symptoms are not recognized and you do not leave the area of high CO concentration.

“Home Sweet Home” is not always the safest place to be! Why? We’re in a rush, distracted or uninformed and make bad choices. Sometimes health issues require a different approach or tools.

Learn what you need to know to increase your Home Safety, make the unexpected even less so!



ABWA Success Meeting

Cost: \$18.00

Includes: Speaker & dinner (salad and entrée)

RSVP: By Mar. 9, 9 am
to Robin Neal at abwasuccess@yahoo.com

Reminder of Reservations **NEW POLICY:**

NEW LOCATION:

Embassy Suites Denver Tech Center
10250 East Costilla Ave
Centennial, CO 80012
Phone: 303-792-0433

If you make a reservation, and miss the meeting, you will be invoiced for the meal. Cancellations the day of are too late.

CHECK THE CHAPTER WEBSITE FOR PROGRAM DETAILS:

WWW.SUCCESSABWA.ORG

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The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.



Business Cards—Success Member Highlights



Congratulations to Amy and Ryan Kuther on the arrival of Madeline Grace!

Great Job, Amy! We missed you and look forward to seeing you back at the meetings!

Karly Stein's travel in Israel is going well and she is eager to share the photos from her trip when she returns.

Thank You to several of our members for your involvement in past projects and for your efforts within the chapter.

- Success ABWA CALENDAR 2008-2009
- Feb. 11, 2009
- Mar. 11, 2009
- Mar. 20-21, 2009 District VI Spring Conference, Tucson, AZ
- April 8, 2009
- May 13, 2009
- June 10, 2009
- Sept. 24-26, 2009 National 60th Anniversary
- Mark Your Calendars Now!





Casey Coven

2008 - 2009 National Vice President

2005 - 2006 District IV Vice President



Joined ABWA: 1996

Chapter or Network:

MD Capital Chapter,
Annapolis, MD

How has ABWA impacted
your life?

ABWA has given me
the opportunity to step
far outside of my comfort
zone, with many women
to support and encourage
me every step of the way.

Promise to Deliver

**2009 National
Leadership
Conference**

**• Sept 24-26, 2009 •
Kansas City**

BELIEVE

Merry March

As we head into spring, it's a time for rebirth and renewal. It's the time of year where we look at what we've accomplished and plan for the future.

If you are aiming for a Best Practice level, you should know exactly where you are and what you need to accomplish to stand on the stage in Kansas City this September. If your chapter plans to be on stage in September for the Best Practices awards, please look for something red to wear on stage.

Also it's time to elect the leaders that will guide your group in the new award year. With District Conferences starting this month, take the opportunity to identify members that *should* attend the ABWA Track. We have so many exciting things headed our way this year that you definitely want your group to be aware of new tools geared for group leaders and individual members.

District Conferences are also fantastic opportunities to meet with members from your district and around the country. The National Board of Directors will be bringing a list of questions for you and, hopefully, all of you can help us aid other chapters and networks around the country. Please introduce yourself to all the Board of Directors in attendance. We look forward to meeting and talking with as many members as we can during each of the conferences.

This spring, as you plan your membership drives and your fund raising events, **make sure you include the National Women's Leadership Conference in Kansas City, starting September 24th, celebrating our 60th Anniversary, as a benefit.**

Please put money in your budget to pay for members' registration at both District conferences and the Women's Leadership Conference. Remember the Mission Statement and help educate our members by sending them to conference so they can develop their leadership skills. . . so they can become the future leaders of your local groups and the Association.

I look forward to seeing you soon.

2008-2009 National Vice President
2005-2006– District IV Vice President

CHECK OUT THE OTHER OFFICERS' WEBSITES:

Vicki Marlett, National President: <http://vickimarlett.com/>
 Deb Horrocks, National Secretary Treasurer: <http://www.debhorrocksabwa.com/>
 Michelle Egbert, District VI Vice President: <http://www.abwamichelle.com/>

Success Charter—Meeting Minutes / Treasurer’s Report

ABWA SUCCESS CHARTER CHAPTER Minutes for February 11, 2009

Attendees: *Members – Carole Neal, Charmiane Berry, Gerry Giardullo, JoAnn Williams, President, Karly Stein, Vice President, Kay Applegate, Lee Jensen, Lynn Lightell, Treasurer, Robin Neal. Guests – Leanna Fredrich, speaker*

Meeting called to order @ 6:30 pm by JoAnn, President.

Meeting recessed for dinner @ 6:35 pm.

After dinner Karly, Vice President, asked the Group if there were any questions regarding the Treasurer’s Report. There were none; it will be filed for audit. There was a motion to accept the minutes as printed. The motion was seconded and passed.

Karly briefly discussed the chapter goals discussed at the prior month’s meeting, including listing the goals and the teams created.

Goals are as follows:

- 1) 20 new members by 1/31/10
- 2) Find 6 Free Quality Speakers for our upcoming meetings
- 3) Plan and Execute a monthly Marketing Program
- 4) Raise \$ for the chapter (we need a dollar amount to make this a measurable goal).

The first topic of focus would be finding a meeting location with a professional atmosphere but reasonable cost and Karly herself would work on that. There was a consensus in the Group that the cost would be \$12 to \$13 on the low end; \$16 to \$18 on the high end.

Both JoAnn and Karly discussed Woman of the Year and Top 10. Robin moved that we proceed with a Top Ten and Chapter Woman of the Year event. The motion was seconded and voted all in favor. Charmiane Berry and Kay Applegate will co-chair.

The 2009 District Conferences were listed on the agenda. Robin offered to caravan to the Tucson conference if anyone was interested in attending.

Gerry Giardullo introduced the night’s speaker, Leanna Fredrich, Life Coach. Leanna spoke from approximately 7:35 to 8:20 regarding activities we love and loathe and how to identify signs of a personal strength.

After the speaker JoAnn asked the Group to give some thought to WOY and the chapter goals. Robin asked for newsletter submissions which she can include in March newsletter. JoAnn stated that some members had met during the previous weekend about possibly having a 25th Anniversary Celebration for our chapter. Also, JoAnn will look into the Chapter’s eligibility for awarding the SBMEF scholarship this year.

There being no further business, the meeting was adjourned at 8:35 pm.

Submitted by Lynn Lightell, for Amy Kuther, Secretary

Treasurer's Report March 3, 2009	
<u>Seminar Account</u>	
Balance @ 3/03/09	\$ 50.04
<u>Regular Account</u>	
Beginning Balance @ 2/05/09	\$ 1,552.79
<u>Deposits:</u>	
Dues Deposit - K.Applegate's "catchup"	12.00
Member pmts - Feb dinner	189.00
<u>Disbursements:</u>	
Embassy Suites - Feb dinner/mtg	(210.01)
Ending Balance @ 3/03/09	\$ 1,543.78

Submitted by Lynn Lightell, Success Treasurer

**COMING
APRIL
2009!**

**A Powerful
New Tool for
ABWA
Members!**



win
Women's
Instructional
Network

**Position Yourself to Bring Leadership and
Change Both Inside and Outside the Workplace.**

*Exciting new online learning tool designed
to help you realize your full potential!*

ABWA is proud to announce The Women's Instructional Network (WIN) – an exciting new sophisticated, interactive online learning and communications tool designed exclusively for ABWA members. ABWA is the first association to offer this unique opportunity.

WIN will enhance your professional and personal skills, and turn your organization into a more successful high-performance team. It will provide you with the skills necessary to:

- develop a clear purpose for your team
- increase productivity
- effectively manage teams
- make timely team decisions
- build a collaborative team environment.

Learning Modules
Course Fees
Join ABWA
Renew Membership
ABWA Home

ABWA
AMERICAN BUSINESS WOMEN'S ASSOCIATION

SBA Offers New Online Resources for Small Businesses to Help with Economic Recovery

WASHINGTON – Entrepreneurs can take advantage of new, free online training and other resources offered by the U.S. Small Business Administration to assist them during this period of economic recovery. The SBA offers a variety of online courses to assist small businesses in more effectively managing their firms in the current economy.

Course topics at www.sba.gov/services/training/onlinecourses include: revising business plans to reposition with current conditions, winning customers in a slowing economy, restructuring existing debt, and diversifying your customer base with federal contracts.

Here is another valuable link: Economic Recovery at www.sba.gov/helpingmainstreet.”



Best Practices

Chapter Process / Future Planning:

A nominating committee with 3 members is elected by the membership no later than March 31 to build a slate of officers for the Chapter Election in May each year. The newly elected board then has June and July to plan and prepare for the coming chapter year which begins August 1, 2009.

Officers are elected by secret ballot in May and may serve no more than two consecutive terms in the same office.

The Slate of Officers includes:

President is the authorized leader of the chapter. She maintains unity and harmony within the chapter, directs officers, committees and members toward common goals and facilitates communication between ABWA National and the chapter's officers and members by disseminating information appropriately.

Vice President is the chapter host and primary assistant to the president.

Secretary is the transcriber of the chapter meetings and correspondence. She provides a monthly meeting report to ABWA National.

Treasurer is responsible for all chapter money and is custodian of the financial records. She advised the chapter regarding finances and budget matters.

There are a number of primary responsibilities for each officer, please feel free to ask for a printout if you want to learn more.

Elections: a Key BEST PRACTICES:

- Keeps members apprised of local, regional and nationally sponsored ABWA initiatives.
- Activities spearheaded by chapter should be developmental in nature (means to and end).
- Advances members in a social, business and educational way.

ABWA SUCCESS CHARTER CHAPTER GOALS (January Meeting Report)

Team 1

Goal: 20 new members by 1/31/10

1. Rhonda Bolich- Lampo- Lead
2. Courtney Williams
3. Kay Applegate

Team 2

Goal: Find 6 Free Quality Speakers for our upcoming meetings

1. Elva Hahn
2. Leota Jensen
3. Gerry Giardullo

Team 3

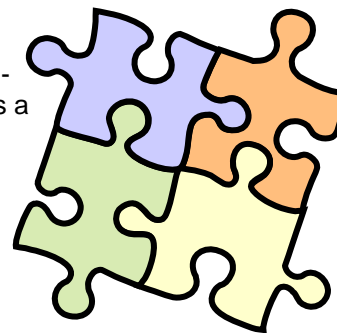
Goal: Plan and Execute a monthly Marketing Program

1. Robin Neal
- 2.

Team 4

Goal: Raise \$ for the chapter (we need a dollar amount to make this a measurable goal)

1. Elva Hahn
2. Kay Applegate



Improves our BEST

PRACTICES:

- Create an annual plan (Goals, tactics..)
- Communicate chapter info—slate of officers, meeting date, time, venue, program title
- Regularly recognize personal and professional accomplishments of members to the entire group.
- Activities spearheaded by chapter should be developmental in nature (means to and end).
- Advances members in a social, business and educational way.
- Professional development programming should be presented by content experts from the community &/or other ABWA groups.

Bill of Rights—1798 The original text Articles First—Fifth

The Preamble to The Bill of Rights

Congress of the United States begun and held at the City of New-York, on Wednesday the fourth of March, one thousand seven hundred and eighty nine.



THE Conventions of a number of the States, having at the time of their adopting the Constitution, expressed a desire, in order to prevent misconstruction or abuse of its powers, that further declaratory and restrictive clauses should be added: And as extending the ground of public confidence in the Government, will best ensure the beneficent ends of its institution.

RESOLVED by the Senate and House of Representatives of the United States of America, in Congress assembled, two thirds of both Houses concurring, that the following Articles be proposed to the Legislatures of the several States, as amendments to the Constitution of the United States, all, or any of which Articles, when ratified by three fourths of the said Legislatures, to be valid to all intents and purposes, as part of the said Constitution; viz.

ARTICLES in addition to, and Amendment of the Constitution of the United States of America, proposed by Congress, and ratified by the Legislatures of the several States, pursuant to the fifth Article of the original Constitution.

Note: The following text is a transcription of the first [5*] amendments to the Constitution in their original form. These amendments were ratified December 15, 1791, and form what is known as the "Bill of Rights."

Amendment I

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.

Amendment II

A well regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear Arms, shall not be infringed.

Amendment III

No Soldier shall, in time of peace be quartered in any house, without the consent of the Owner, nor in time of war, but in a manner to be prescribed by law.

Amendment IV

The right of the people to be secure in their persons, houses, papers, and effects, against unreasonable searches and seizures, shall not be violated, and no Warrants shall issue, but upon probable cause, supported by Oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized.

Amendment V

No person shall be held to answer for a capital, or otherwise infamous crime, unless on a presentment or indictment of a Grand Jury, except in cases arising in the land or naval forces, or in the Militia, when in actual service in time of War or public danger; nor shall any person be subject for the same offence to be twice put in jeopardy of life or limb; nor shall be compelled in any criminal case to be a witness against himself, nor be deprived of life, liberty, or property, without due process of law; nor shall private property be taken for public use, without just compensation.

(*future newsletters will continue the remaining Bill of Rights)

SUCCESS CHARTER CHAPTER



E-mail:
abwasuccess@yahoo.com

Send articles to:

Robin Neal, Newsletter Editor
17520 Nature Walk Trl 106
Parker CO 80134

We're on the web:
www.successabwa.org

ABWA's Proud Code of Conduct

1. All members will serve as goodwill ambassadors for the American Business Women's Association.
2. Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
3. Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
4. Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.
5. Members will not use their personal power to advance their personal interests.
6. Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.

Welcome to Success—2008-09 ABWA Team

PRESIDENT:
JO ANN WILLIAMS

VICE PRESIDENT:

KARLY STEIN

SECRETARY:

AMY KUTHER

TREASURER:

LYNN LIGHTELL

Applegate

Community Service: TBA

Fundraising: TBA

Professional Development/Education:
Board

Membership: Rhonda Bolich-Lampo

Newsletter: Robin Neal

Programs: Board, Gerry Giardullo

Publicity/PR: Gerry Giardullo

Website: Robin Neal

Committee Chairmen:

Chapter Woman of the Year/ Top Ten
Nominee: Charmiane Berry and Kay

www.successabwa.org